Clinical Preventive Services for Normal-Risk Adults

**SCREENING**
- Blood Pressure, Height/Weight, Dental
- Alcohol Use
- Pap Smear
- Cholesterol
- Mammography
- Sigmoidoscopy and/or Fecal Occult Blood
- Vision, Hearing

**IMMUNIZATION**
- Tetanus-Diphtheria (Td)
- Varicella (VZV)
- Measles, Mumps, Rubella (MMR)
- Pneumococcal
- Influenza

**COUNSELING**
- Women Only: Calcium Intake, Folic Acid, Hormone Replacement Therapy, Mammography Screening
- Men Only: Prostate Cancer Screening
- Tobacco cessation, drug and alcohol use, STDs and HIV, Family planning, domestic violence, unintentional injuries, seat belt use, nutrition, physical activity, fall prevention, and polypharmacy (elderly)

**Recommended by most U.S. Authorities**

**Upper age limits should be individualized for each person**

PUT PREVENTION INTO PRACTICE
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